



BLACKBURN
with
DARWEN
BOROUGH COUNCIL

Newsletter

Friday 14th February

www.stannesblackburn.co.uk
www.facebook.com/stannesrcprimary
Telephone: 01254 580462



DIocese of SALFORD



Dates for your diary

Feb-25	
Monday 17th	School closed for half term
Sunday 23rd	12.30pm Sacramental Program Mass
Monday 24th	School reopens
Mar-25	
Monday 3rd	3.30pm Sacramental Program session 3
Wednesday 5th	Ash Wednesday
Thursday 6th	World Book Day. Non-uniform theme: Dress as an adjective. Children can come in dressed as a describing word. Examples include scary, sleepy, magical, colorful, crazy, famous, silly, happy. The list is endless!
	6pm Sacramental Program in church with choir to sing
Friday 7th	8.50am Y3 Class Assembly
Wednesday 12th	EYFS Stay & Play
Thursday 13th	Y1 Blackburn Museum visit
Wednesday 19th	9am Stay & Pray
Friday 21st	Comic Relief Day. Non-uniform theme: Red
Sunday 23rd	12.30pm Sacramental Program Mass
Tuesday 25th	M&M production of Wizard of Oz



Award winners



Our weekly award winners are:

Year Group	Headteacher's Award	Witness Award
Reception	Rebecca	Adam
Year 1	Muhammed Hussain	Abigail
Year 2	Iaan	JJ
Year 3	Saleh	Aleksander
Year 4	Patricia	Charli-Beau
Year 5	Tobiyas	Marcelina
Year 6	Samar	Mercy



Year Group	Attendance %
Reception	97.8%
Year 1	94.0%
Year 2	92.8%
Year 3	98.3%
Year 4	95.7%
Year 5	98.0%
Year 6	94.7%



Year 3



Year 5



Reception



Healthy Smiles for Life!



"Oral Health Tips for Happy, Healthy Smiles!"

We know how much you care about your child's health, and that includes their teeth! Did you know that your child's smile starts with habits formed early? This guide will help you keep their teeth strong, their gums healthy, and their smile shining bright—starting with the very first visit to the dentist! Let's dive in!

(You can click on the headings for more information)

1. First Tooth - First Check-Up

Did you know that your child's first dental check-up should be by their 1st birthday? Regular dental visits are key to keeping your little one's teeth and gums healthy! It helps to catch any issues early, and shows your child that looking after their teeth is important.



Key Oral Health Messages



2. Brush Twice a Day – Morning & Night!

Brush your teeth twice a day - before bed and one other time. Brush for two minutes.

3. Use Toothpaste containing Fluoride

Pick a family toothpaste with fluoride – check the label!

Fluoride helps to protect your child's teeth from holes.



4. Spit, Don't Rinse!

After brushing, make sure your child spits out the toothpaste but doesn't rinse their mouth. This allows the fluoride to keep working on those teeth!

Healthy Eating Tips: Food Swaps

What your child eats can affect their dental health. Here are some ways to reduce sugar and choose healthier snacks:



5. Swap sugary snacks for healthier options

Try fresh fruits (like apple slices or grapes) or veggies with hummus.

6. Use the NHS Food Scanner App

This free app helps you check the sugar content in food. Scan barcodes of your child's favorite snacks and make healthier choices!



7. Stay Hydrated - Drink Water





*Water is the best drink for your child's teeth!
Avoid sugary drinks like soda or juice.*



TOOTHBRUSHING CHART

BRUSH YOUR TEETH FOR 2 MINUTES, TWICE A DAY! DON'T FORGET TO SPIT, NOT RINSE!



	MON	TUES	WED	THUR	FRI	SAT	SUN
							
							

	MON	TUES	WED	THUR	FRI	SAT	SUN
							
							

GREAT JOB! YOU'RE AN AP SMILESTAR





smilecare

Together, We Build Healthy Smiles!

By starting early and making oral care a fun and easy part of your child's day, you're setting them up for a lifetime of healthy smiles. Remember, good habits today lead to bright, happy teeth tomorrow!

For more information about how to keep your child's teeth healthy click [here](#) or scan the QR code.

