



Newsletter

Friday 9th February

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Half term



Happy half term everyone! We hope you all have a lovely week off and we will see you back on Monday 19th February.

Finish times

We would like to politely remind parents that school finishes at **3:15pm Monday to Friday.**

Afterschool club runs from **3:15pm to 4:30pm Monday to Thursday** and **4:15pm on a Friday.**

If parents do not collect on time, your child will automatically be sent to afterschool club for their safety and a **£1.50** fee may be charged.

Congratulations to the award winners this week!

Reception: Bujumbura & Noah
Y1: Joseph-Junior & Saint-James
Y2: Julia & Kuba
Y3: Olivia & Leroy
Y4: Harper & Mahnoor
Y5: Ivy-Mae & Nadia P
Y6: Faith & Evie-Leigh

Measles

We have sent out an email to all the school regarding measles and we can confirm that we have no cases in our school but we ask you to watch out for the symptoms.

Please see the link below:

<https://www.nhsinform.scot/illnesses-and-conditions/infections-and-poisoning/measles/>



Internet

Please can parents be mindful when their children are on social media platforms and make sure that they are age appropriate
eg: Snapchat.

SnapChat is for 13yrs and older.



Our Gospel value for this month is...

Compassion.

Coffee Morning

As the previous event was a huge success, we would like to invite parents and carers to another **coffee and cake** morning on **Thursday 22nd February.**



Current Sports Clubs

Monday - Year 5/6 Tag Rugby

Tuesday - Year 3/4 Football

Wednesday - Year 3/4 Gymnastics

Thursday - Athletics

Friday - Year 3/6 Girls football

Children who do afterschool club activities with Coach Rob will be using their own special kit from now on and they can take it home at the end of the school day.



Dates for your diary

February 2024

Monday 19th School re-opens at 8:45am

Wednesday 21st Yr1 & 2 trip to Martin Mere

Thursday 22nd Coffee Morning

Payments

To avoid any debt becoming unmanageable, we ask for parents to please pay for any school dinners/ club debt every Friday. You can pay online via the Teachers2parents. If you are struggling, please seek advice from the school office. Thank you.



Easy Meals

Each week we will be posting healthy meal ideas that are affordable and really easy to make!

Creamy Chicken and Rice

Ingredients

- 2 tbsp vegetable oil
- 1 medium chopped onion
- 150–200g/cooked skinless chicken
- 250g long grain rice
- 700ml pint hot chicken stock, made with 1 stock cube
- 200g frozen peas
- 50g cheddar, finely grated
- salt and ground black pepper



Heat the oil in a large saucepan or deep sauté pan over a high heat and fry the onion for 4–5 minutes, or until softened and lightly browned, stirring regularly.

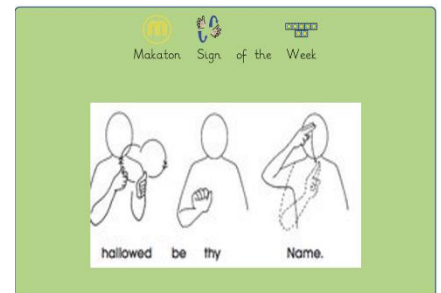
Add the chicken to the pan and cook for 1 minute more, stirring. Add the rice and the stock, stir well then cover the pan with a lid and bring to a simmer.

Reduce the heat and simmer gently for 10 minutes, stirring occasionally until the rice is tender and saucy. You will need to stir more often towards the end of the cooking time to prevent the rice sticking. Add a splash of water if needed.

Stir in the peas and half the cheese and cook for 3 minutes more, or until the peas are hot, stirring constantly. Season to taste with a little salt if needed and lots of freshly ground black pepper. Serve the rest of the cheese separately for sprinkling on top.

Makaton

This week, the sign will be...
hallowed be thy Name.



Thought for the week:

“No matter how the wind blows, the mountain cannot bow to it.”

- Mulan 1998

